

#IAmAMenstruator:
**Uncovering the relationships and product security of Menarche at
Humboldt State University
Informed Consent - Anonymous Surveys**

About this Research: The purpose of this research is to gain an understanding of the relationship menstruators have with their period as well as understand access to menstrual hygiene products at the HSU campus. The research will help identify the problems menstruators face when obtaining and purchasing menstrual hygiene products on campus, to identify the ways HSU is lacking in providing menstruators with adequate resources. This research will provide an understanding as to why having access to menstrual hygiene products available on campus could relieve financial burden, stress, and other emotions experienced by menstruators on campus. Through surveys and interviews we hope to bring awareness about the experiences, emotional, and financial stresses menstruators experience when they have limited access to menstrual hygiene products.

Type of Data to be Collected

The purpose of this study is to better understand menstruators access to menstrual hygiene products on campus and related issues involving economic and emotional stabilities caused by menstruation. You have been selected to participate and we hope you'll consider sharing your perspective and experiences by taking 20 minutes to complete the confidential online survey.

The data collected will be used in a written report on the project which will be submitted to University Administrators including the President and Provost. Cutcha Risling Baldy, Assistant Professor of Native American Studies will serve as an adviser to the project. She will review and approve the final report.

Subjects

- Type: HSU Menstruators (self-identified)
- Age: 18-45
- Time: 20 minutes
- Compensation: NO

Subject Recruitment and Selection

Survey participants must be 18 years of age or older and are enrolled or are employed at Humboldt State University. Interview participants experience a menstrual cycle or have aided an individual who experiences a menstrual cycle.

Documentation of Consent

By agreeing to the following statement you are providing your consent to participate in this survey voluntarily. If you would like a copy of the information provided at the start of this survey you will have the option to download and save/print a copy once the survey is completed. Your identity on this survey will be kept anonymous in any publications, presentations, reports, etc.

You can leave the research at any time and it will not be held against you. At the end of the survey you will be asked to decide if you would like the collected data to be used as part of the study. If you decide you do not want the data to be used, then all data will be destroyed. No identifying information (Name, Date of Birth, Address etc) will be collected during this survey. All responses will be anonymous.

Risk Management Procedures

It is important that you promptly tell the person in charge of the research if you believe that you have been injured because of taking part in this study.

If you have questions about this study or about this form you may contact the following people: Marilyn Villalba (Student Investigator) <mev148@humboldt.edu> or Cutcha Risling Baldy (Faculty Adviser) <crislingbaldy@humboldt.edu>

If you have any concerns with this study or questions about your rights as a participant, contact the Institutional Review Board for the Protection of Human Subjects at irb@humboldt.edu or (707) 826-5165.